

Frequently Asked Questions about Respite Services (NC Innovations)

1. What is Respite?

- Respite is a service which provides periodic or scheduled support to the individual's primary caregiver(s).
- Respite supports the care of an individual in her/his home, the community, or a staff person's home.
- Remember the individual has choice in his/her Respite Provider.
- An individual does not have to utilize Respite from her/his residential provider.

2. Where can Respite be provided?

- Respite may be provide in the individual's home (where they reside with their family), in the community, in a facility, or in a staff person's home.

3. What is changing with the Waiver Amendment?

- Individuals in alternative family living arrangement (AFL) may have access to Respite, but not on the same day as Residential Supports.

4. Can individuals receiving Residential Supports in group homes also receive Respite Services?

- No, individuals who live in group homes cannot receive Respite Services.

5. Are there exclusions for Respite Services?

- Respite Services cannot be provided by anyone living in the home of the individual.
- Respite may not be provided on a daily basis.
- Individuals residing in their own homes (and not with a primary caregiver) may not receive Respite Services.
- Individuals who living in group homes cannot receive Respite Services.