



SANDHILLS CENTER

Managing Mental Health, Intellectual/Developmental Disabilities and Substance Abuse Services
 910-673-9111 (FAX) 910-673-6202 www.sandhillscenter.org Victoria Whitt, CEO

Bipolar Disorder Monitoring Tool			
Consumer Name:	DOB:	Record ID:	
Agency Name:	Service(s) Reviewed:		
Reviewer:	Review Date:		
Questions:			
1. Is there a complete MH assessment including medical & psychiatric co-morbidity, psychosocial status, medications, inpatient history, suicide ideation and substance abuse involvement?	Yes	No	N/A
2. Is there documentation of medication management?			
a. If YES , is there evidence of coordination with prescribing physician?			
b. If NO , was an evaluation recommended?			
c. Is there evidence of follow-up on recommendation status?			
3. Does frequency of visits change based on symptoms?			
4. Does documentation include level of client compliance with therapy & medication?			
5. If client is a child (1-17), are they on two or more antipsychotics?			
6. If client is 65 years or older, are they taking 4 or more medications total? (For medical and/or mental health reasons)			
7. Is assessment for risk of harm to self or others done each visit?			
8. What types of treatments are being utilized?			
a. Individual?			
b. Group?			
c. Family?			
d. Psycho-education?			
9. Is there evidence of follow-up after an acute episode of care?			
a. If YES , did follow-up occur within 7 days?			
b. If NO , did follow-up occur within 30 days?			
10. Is there evidence of coordination of care with other services/providers?			
Maintenance			
1. Documentation of on-going assessment for:			
a. Clinical Status?			
b. Changes in Medical & Psych Co-morbidity (new medical issues reported, etc.)?			
c. Changes in Psycho-social status (housing, changes in family circumstances, employment)?			
d. Observable, or client reported side effects of meds?			
*For Prescribing Physicians Only (to be used in ADDITION to previous when reviewing E & M Codes)			
Questions:			
1. Is lab work being ordered to ensure therapeutic levels?	Yes	No	N/A
2. Is there on-going assessment for side effects of medication?			
3. Is there on-going assessment for medication compliance?			
a. If non-compliant, were barriers addressed?			

P.O. Box 9, West End, NC 27376
 24-Hour Access to Care Line: 800-256-2452
 TTY: 1-866-518-6778 or 711

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