



# SANDHILLS CENTER

Managing Mental Health, Intellectual/Developmental Disabilities and Substance Abuse Services  
910-673-9111 (FAX) 910-673-6202 www.sandhillscenter.org Victoria Whitt, CEO

**Sandhills Center**  
**B-3 One-time Transitional Costs**  
**Adult MH/SA/IDD**  
**Medicaid Billable**  
**02-25-2014**

One-time Transitional Costs are supports that are one-time, set-up expenses for adults (18) eighteen and over, who are transitioning from a psychiatric hospital, PRTF, licensed congregate living arrangement or family home to a private residence where the individual will be directly responsible for his or her own living expenses. Allowable supports include:

- Security deposits that are required to obtain a lease on an apartment or home;
- Essential furnishings, including furniture, window coverings, food preparation items, bed/bath linens;
- Moving expenses required to occupy and use a community domicile;
- Set-up fees or deposits for utility or service access, including telephone, electricity, heating and water; and/or
- Service necessary for the individual's health and safety such as pest eradication and one-time cleaning prior to occupancy.

One-time Transitional Costs are furnished only to the extent that the individual is unable to meet such expense or when the support cannot be obtained from other sources. One-time Transitional Costs do not include monthly rental or mortgage expense; regular utility charges; and/or household appliances or recreational items such as televisions, VCR's and DVD's. One-time Transitional Costs may be provided only once and may not be accessed for subsequent moves within the community. These services are available only during the three-month period that commences one month in advance of the individual's move to a private residence.

## **Provider Organization Requirements**

Goods and services purchased are provided by Providers who meet the state and local regulations for the type of service that they provide as specified in the Person Centered Plan authorized by SHC.

## **Staffing Requirements**

Providers must meet all NC Innovations waiver provider requirements and be enrolled 1915(c) waiver providers.

P.O. Box 9, West End, NC 27376  
24-Hour Access to Care Line: 1-800-256-2452  
TTY: 1-866-518-6778 or 711  
Serving Anson, Guilford, Harnett, Hoke, Lee, Montgomery,  
Moore, Randolph & Richmond counties



### **Service Type/Setting**

Private home or apartment with a lease in the individual's/legal guardian's/representative's name or a home owned by the individual.

### **Program Requirements**

N/A

### **Utilization Management**

One time purchases to facilitate movement into a private residence. Maximum total purchase is (\$5,000.00) five thousand dollars.

### **Entrance Criteria**

The individual is eligible to access funding for One-time Transitional Costs when:

- Adults who are functionally eligible , but not enrolled in the NC Innovations 1915(c) waiver program; OR
- Individuals in the special population receiving treatment planning who have Serious and Persistent Mental Illness (SPMI) who reside in an Adult Care Home determined to be an Institution for Mental Disease; individuals with SPMI transitioning from Adult Care Homes due to preadmission screening and diversion.
- The individual must be moving out of a licensed facility, their family home, hospital or institution into his or her own home.

### **Continued Stay Criteria**

N/A

### **Discharge Criteria**

N/A

### **Expected Outcomes**

Through the support of One-time Transitional Costs, the individual is afforded the opportunity to live as independently as possible in a home of his or her own.

### **Documentation Requirements**

- Invoices or documents (receipts) for Goods and Services purchased will serve documentation for this service.

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### **Service Exclusions/Limitations**

- The cost of One-time Transitional Costs may not exceed \$5,000 dollars.
- Goods purchased do not include or cover service and maintenance contracts or extended warranties.
- One-time Transitional Costs may not include monthly rental or mortgage expenses.
- One-time Transitional Costs may not include payment for food or regular utility charges.
- The individual may not have previously accessed these funds through the 1915(c) Innovations waiver.

### **LME/MCO Monitoring and Quality Management Protocols for Review of Efficacy and Cost-Effectiveness of Alternative Service**

Sandhills Center will monitor this service for quality and fidelity to the definition through billing audit reviews.

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